



AMBER GLADES

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• A D V O C A T E •

September • 2021

Issue 7 45th Year

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1:00 to 5:00 p.m.

PARK OFFICE
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Safety Harbor, FL

PARK MANAGER
Karen Barker
725-1811

Website: www.amberglades.com
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CORPORATION DIRECTORS

President.....Ann Ohr	#358 Ruby, 724-372-3825
Vice-Pres. & Complaints ..Norm Goldberg	#366 Ruby, 215-913-4877
SecretaryAudrey Lawrence	#140 Topaz, 609-576-3503
TreasurerAnn Marie Tiernan	#57 Diamond, 510-919-1079
DirectorML Faiola	#13 Diamond, 503-871-1388
DirectorTom Flood	#33 Diamond, 773-882-3423
Director..... Vickie Elliott	#Crystal, 313-410-9575
Email – ambergladeshoa@gmail.com	

The next HOA Board Meeting will be held October 5, 2021.
All HOA members are invited to attend the HOA meetings. There is a question and answer session after the regular meeting of the board. The meeting is held in the Clubhouse.

Notes from the HOA Board of Directors

The month of July was truly great and we enjoyed a month of seeing groups of people coming together to have community fun, get in exercise and laughs, play a few games and survive a hurricane threat. The water aerobics participants helped residents prepare their property in case of high winds and the damage they could cause. Seeing and being a part of neighbors helping neighbors was truly a wonderful experience. We did learn that we should all look at anything that could be damaged or picked up by the wind. Hurricane season is in full force starting in the middle of August, so please look at your property and make sure that everything is securely attached and will not become a projectile. If you need help in the last minute storm preparations, please contact any Board Member and we will tell the Community Volunteers.



You may have noticed a new look inside the Community Center. Karen thought an open look to the kitchen would be nice and a lot of residents were unaware what a beautiful kitchen we have! The Community Center with the kitchen facilities are available to you with a deposit to the

...continued on page 5

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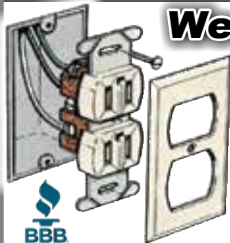
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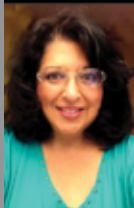
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office as long as it is not reserved for another function. The Kitchen Manager, Jackie LaFountain, can arrange a tour of the kitchen, and all the cooking items that are available to you. All that we ask is that you leave it as clean as it was when you began your activity.

We should shortly have handrails for the bridge to the island. Karen was concerned with the stability of the bridge, contacted the Project Manager who recommended that the foot boards and railing needed to be replaced. The project went along quickly until there was a problem getting the railing. Now the bridge will be complete, the fire pit will be installed with the benches on our island. Keep an eye out for the progress!

We have been busy behind the scenes getting ready and planning for, the many activities that you all can enjoy in the coming months. We will have a golf cart parade for Halloween and another for Christmas so cart owners – start thinking how you would like to decorate your cart! We also are having our first dance, which will be for Halloween – see details further in book. In November, we will be welcoming back our very special snowbirds with a Luau complete with a roasted pig! Keep an eye out on Facebook and your Media Guide for further updates.

Change is hard, but we have had some changes in our volunteers who have served as chair, some for years and they deserve to relax and enjoy all that this Community has to offer. Rose Hendershot has served many years as Social Chair in the past and as Kitchen Manager and has been invaluable with her experience and advice. Donna Miller has guided Bingo and has been our chair for many years and although she's stepping back, she is still volunteering as a backup and is gracious in helping us transition to our new Co-Chairs

Our new residents are a bit familiar with the HOA, it's purpose and responsibilities, so we would like to share what we really do and set aside any misconceptions. We are residents who volunteer to take on the responsibility of seeing that our neighbors, as well as ourselves, live in the environment that was signed and acknowledged through the Prospectus when we moved in. We have seven members and six out of seven have had a business background with an emphasis on a professional career path. This current Board has worked with park management to greatly improve the amenities we have and the appearance of the park. We also negotiated for a rent increase which was far less than originally proposed. We do get suggestions from our neighbors for improvements and sometimes those suggestions are not given with a smile, as there could be a history of frustration. We have an open dialogue with Karen, our Park Manager, and we maintain a spread sheet that is a tool for us to track the progress of concerns that our neighbors bring to us, and when and how they were resolved. Any issue that comes to us is a priority and we seek solutions as quickly as possible. There are times that the system is just aggravatingly slow, but that doesn't mean we aren't trying for all of us. We encourage open and honest discussion when possible. Conflict resolution is always tricky, but if you hear someone speak critically or make a statement that causes you concern, then they should be asked what Karen, our Park Manager, said or what did the Board Member you talked to say? You can also ask what specifically you are contributing to this community to make it better. It's easy to criticize but rewarding to contribute. The board members live in this community and we expect a higher standard of conduct from them. To this end, each and every one of our board members have signed a code of conduct

...continued on page 6



memorandum. We have established an email address, AmberGladesHOA@gmail.com which allows quicker response and anonymity, if this is desired. We have all correspondence backed up in the cloud and we are doing as much as we can electronically which does keep our costs down. The majority of our new residents have moved in and are still working and we are trying to navigate planning activities that will be easier for them to participate in. Please feel free to contact any Board Member to make suggestions. Shall we look at speeding? We did our survey on the speed bumps and the overwhelming majority in the park wanted them removed. Particularly when it's been proven that they are designed to slow speeders but the speeders simply don't slow down. Speeding is a behavior that can be changed and we are the only ones that can positively influence ourselves and our guests, to change this bad habit. Karen has done a great job informing the vendors that come into the park that they must adhere to our posted speed limits and stop signs. When you see speeding, it preferable to contact Karen, but if not, please contact Norm Goldberg, 215-913-4877.

We are seeing our community members stepping up into new roles of responsibility for our neighbors. Deb Paul thought it would be a great idea to have a different Golf Cart Parade every holiday and since she did a marvelous job for our 4th Celebration, she has agreed to be our Chair for our Golf Cart Parades. Marie Scalabrino is our Mama Bear in the park who looks after and cares for so many and has helped them navigate through life's challenges. Marie is now taking on

...continued on page 10

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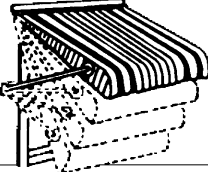
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Lauren Holderith, M.D.

Board Certified, Internal Medicine

Dr. Holderith is a primary care physician with over 10 years experience delivering care to patients in the Tampa Bay Area. She earned her undergraduate degree from the University of Florida before completing her medical degree at the University of South Alabama College of Medicine and residency training at the University of South Florida. Dr. Holderith received multiple awards as an outstanding resident and is a member of the Alpha Omega Alpha national medical honor society. Dr. Holderith dedicates herself to providing high-quality compassionate care and has a special interest in preventative medicine and cardiovascular health.



Camille Mattia, M.D.

Board Certified, Internal Medicine

Dr. Mattia attended Boston College as an undergraduate and completed her medical degree at the University of Florida College of Medicine and post-graduate training at the University of South Florida. Consistently recognized by the Residency Evaluation Committee as an outstanding resident committed to patient care, professionalism, and personal development, Dr. Mattia has had a strong focus on outpatient preventative care throughout her training. Dr. Mattia strives to create a welcoming practice environment for her patients, establishing long-term relationships based on trust and good communication.

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the role of the Welcoming Committee and we know our new residents will appreciate all that she can contribute to them too. Last, but certainly not least, Vickie Elliott has agreed to fill a vacancy on our HOA Board. Vickie brings us a background of vast experience in the management aspect of healthcare which brings us an insight into that system which we truly need to be of better service to our community.

If you have a question about what we do and/or why – please feel to contact any Board member. Let’s continue on making Amber Glades not only a beautiful and fun place to live, but also one of respectful coexistence for all.

Respectfully, Ann Ohr,
President of HOA Board

EVENTS PLANNED

- September 13th – The Return of Bingo
- September 19th– Pie & Ice Cream
- October 29th – Halloween Dance
- October 31st – Golf Cart Parade
- November 13th – Welcome back Luau & Pig Roast
- November 20th – Ohio/Michigan Game and Party
- November 28th – Christmas Decorating in the Clubhouse



COMING ATTRACTIONS

- December Holiday Celebration with Santa Claus
- December Golf Cart Parade
- New Years Celebration
- Progressive Dinner
- Yard Sale

WELCOME COMMITTEE NEWS

We would like to introduce you to our new residents. If you see them, please make them feel welcome: Lot 117, Dennis & Dawna Matton; Lot #350, Michael Thompson & Dolores Hutton; Lot 382, Edward & Denise Hren; Lot #439, Dana & Marge Hoch; Lot #79, Doreen & Peter Tiejn.



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GREAT NEWS! OUR BINGO IS BACK AGAIN!

Bev Chism and Jackie LaFountain have agreed to be the Co-chairs for our Bingo. Thank you Ladies! We will start our Bingo Monday night, September 13th at 6:00 pm in our Community Center. Bingo doors open at 6:00 pm and the first card is progressive cover-all and time is needed to fill out that card so we should be able to start playing the games by 6:30. If you are new, or may need a little help, just tell the ladies at the table who sell the cards and they will get you someone you can sit with to make you comfortable. You can purchase your cards for as little as \$10. We do have a break midway when we have our beverages and cookies, but if you wish to bring snacks for your table, feel free! We like to have fun, as well as play, so please join us and we hope to hear you shout "BINGO"! If you have questions or concerns, please call Bev Chism (513-379-5930) or Jackie LaFountain (802-342-6604.)



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Come join the music and fun at the Amber Glades Clubhouse on October 29, 2021. Dance the night away to the music provided by: **THE BOOMER BAND**. Costumes are encouraged but not necessary. Dancing: 7:00 pm to 11:00 pm (BYOB). Tickets are \$7 for members or \$9.00 for non-members. For tickets Contact Barb King 614-519-8445 or Liz Johnson at 618-791-6555.



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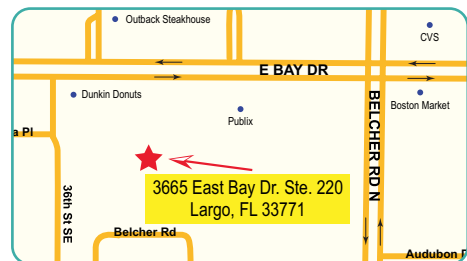
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Greetings from the Plant Lady

Greetings plant lovers. This month we're going to talk about mulch, the multi-purpose cover up. Two tricks to figure soil amendment. No, you don't need to be a math wiz to buy the right amount. Just remember these 2 tricks.

1. Get the units right before you calculate. Convert all the numbers to the same units either inches and cubic inches feet and cubic feet or yards and cubic yards if you try to multiply feet by cubic yards you'll never get the right answer. Round up. If you figure you need 15.5 ft³ of mulch and it sold in bags that are 4 ft³ go ahead and buy the 16 ft³. If you round down you won't bring enough mulch to finish the job.

Try this easy spreading mulch technique with a flip of the wrist. Spread a light even layer of mulch by using a flying disk like a Frisbee. Just pick up a handful of mulch material on an upside down disk, then flip your wrist to toss it evenly- no need to pour mulch from a heavy bag.

Keep it light to beat the heat. Don't over-mulch, especially if you live in a hot place. Too much mulch can soak up vital water from rain and sprinklers before it gets roots of plants. Excess mulch may also attract slugs looking for cool refuge. Woody shrubs with shallow roots like azaleas and rhododendrons like Azalea's suffer from too much mulch. Make your yard look like a million bucks when you learn to mulch like a pro. Don't heap mulch round tree trunks creating a Volcano appearance. Instead, pull the mulch back from the trunk about 3" leaving a donut of breathing room around the tree. Mulch piled up around trees and shrubs keeps the plants from getting acclimated to lower temperatures and retains moisture that can cause mildew damage and attract pests.

Modify mulch for summer cooling. Plastic mulch can trap heat in the summer injuring roots and making your plant suffer. Make your plastic mulch work through the summer with one of these modifications. Spray the black plastic weed blocker with white paint to reflect the sun. Be sure to avoid spraying plant leaves in the process. Cover the plastic with a large layer of organic mulch like pine star or wood chips. You should be easily able to remove the organic layer after the weather cools down.

Perks of pebbles: Stone mulch is heavy to work with and difficult to keep clean, but it beats out other types of mulch in certain situations. If you need to mulch a sloped area or around a downspout, organic mulch can wash away but stones will stay in place. When you want to use a landscape fabric under the mulch don't use unbreathable plastic under stone. In high visibility areas stone munches are available in a variety of colors so you can use it to dress up your yard. Go big for lasting impact. With the organic mulch materials, generally those with larger pieces last the longest. That's because larger chunks tend to take longer to decompose. So pick large pine bark nuggets over shredded cypress if longevity is your main goal but no mulch lasts forever so plan on adding more in the next 2 or 3 years.

That's all for this month - Happy gardening.
Debra Michelle Santee, The Plant Lady 843.290.8884



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Amber Glades

Tuesday	Wednesday	Thursday	Friday	Saturday
	<p style="text-align: right;">1</p> Water Aerobics 9:00 am	<p style="text-align: right;">2</p> Prayer Grp 10 am Line Dancing 11 a Coloring 1 pm Water Aerobics 6:30 pm	<p style="text-align: right;">3</p> Water Aerobics 9:00 am 1st Friday Ladies Get Together 7:00 pm	<p style="text-align: right;">4</p> Water Aerobics 9:30 am Food Pickup-noon Game Night 7 pm
<p style="text-align: right;">7</p> ng 10 am Aerobics pm	<p style="text-align: right;">8</p> Water Aerobics 9:00 am	<p style="text-align: right;">9</p> Prayer Grp 10 am Line Dancing 11 a Coloring 1 pm Water Aerobics 6:30 pm	<p style="text-align: right;">10</p> Water Aerobics 9:00 am	<p style="text-align: right;">11</p> Water Aerobics 9:30 am Food Pickup-noon <i style="color: red;">Patriot Day</i>
<p style="text-align: right;">14</p> ng 10 am Aerobics pm	<p style="text-align: right;">15</p> Water Aerobics 9:00 am	<p style="text-align: right;">16</p> Prayer Grp 10 am Line Dancing 11 a Coloring 1 pm Water Aerobics 6:30 pm	<p style="text-align: right;">17</p> Water Aerobics 9:00 am	<p style="text-align: right;">18</p> Water Aerobics 9:30 am Food Pickup-noon
<p style="text-align: right;">21</p> ng 10 am Aerobics pm	<p style="text-align: right;">22</p> Water Aerobics 9:00 am <i style="color: red;">First Day of Autumn</i>	<p style="text-align: right;">23</p> Prayer Grp 10 am Line Dancing 11 a Coloring 1 pm Water Aerobics 6:30 pm	<p style="text-align: right;">24</p> Water Aerobics 9:00 am	<p style="text-align: right;">25</p> Water Aerobics 9:30 am Food Pickup-noon
<p style="text-align: right;">28</p> ng 10 am Aerobics pm	<p style="text-align: right;">29</p> Water Aerobics 9:00 am	<p style="text-align: right;">30</p> Prayer Grp 10 am Line Dancing 11 a Coloring 1 pm Water Aerobics 6:30 pm		

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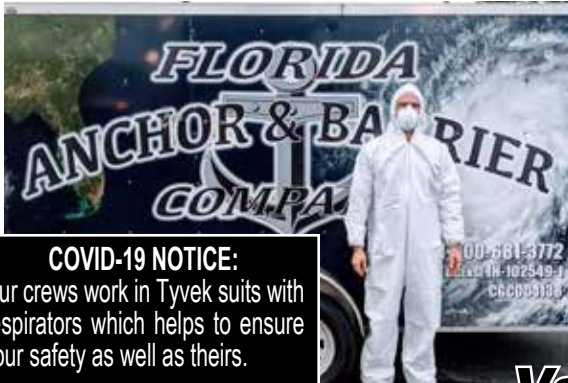
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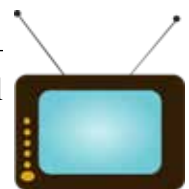
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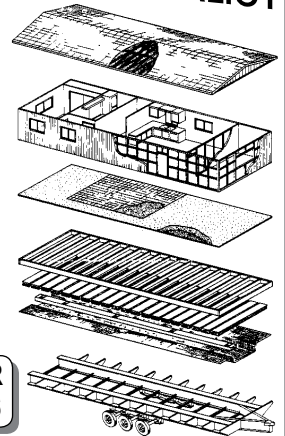
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Shoulder Health



Lifting your suitcase into the overhead compartment, stuffing your shoulder bag to capacity, allowing your 80 - pound golden lab to yank his way through a daily walk. None of these qualify as risky behavior, but now that you're over 50 you're paying the price. What gives? In short: Your shoulders.

"Think of it as driving a car — you're given one set of tires and that's it," explains Akhil Chhatre, M.D., director of spine rehabilitation and assistant professor in the departments of Physical Medicine and Rehabilitation and Neurosurgery at the Johns Hopkins University School of Medicine. "The wear and tear that you experience on those tires depends on how much and how hard you use your body."

Shoulder pain typically comes from the joint itself or from any of the surrounding muscles, ligaments or tendons. And with age, "you'll see changes in the lining of the joint, changes in the integrity of the bones and degeneration of the ligaments," says Chhatre. "If you don't participate in a strengthening or exercise routine, you'll see some atrophy and loss of bulk (in the muscles) that surround and protect the stability and strength of the shoulder joint."

While that sort of wear and tear is a natural consequence of living your life, it can make you more vulnerable to several shoulder issues. Various diseases and conditions affecting the structure of your chest or abdomen, like heart disease and gallstones, can also cause shoulder pain.

Whatever the cause, there's plenty you can do to relieve this kind of pain. But first you have to know which symptoms deserve your attention. Here are the ones you should never ignore and the likely culprit for each.

Symptoms

1. Chronic stiffness in the shoulder that's worse at night and in the morning

The likely culprit: Osteoarthritis

Osteoarthritis — known as "wear and tear arthritis" — is the most common type of arthritis. With shoulder osteoarthritis, the cartilage and other joint tissues that cushion the area gradually break down and, as a result, joints become painful, swollen and stiff. According to the Arthritis Foundation, nearly 1 in 3 people over 60 have shoulder osteoarthritis; it affects women more than men. "Osteoarthritis is a chronic and progressive condition, meaning it will continue to progress at an unpredictable rate over time," Chhatre says. "The way you manage that is with the help of a physical therapist, who can give you appropriate exercises to maintain a range of motion in your joints." Doing so, he says, will help relieve your symptoms.

2. Shoulder pain — often excruciating — when reaching overhead or behind your back

The likely culprit: Rotator cuff tear

Imagine a relatively large ball on a small, shallow socket, says Leesa Galatz, M.D., professor and chair of the Department of Orthopedic Surgery at the Icahn School of Medicine at Mount Sinai Health System. The rotator cuff is a group of "four small muscles that function to keep the ball centered on the socket. They glide between two bony surfaces, so they not only work hard, but they're susceptible to tendinitis from both age-related and overuse injuries."

Rotator cuff injuries are extremely common, especially in people over 50. A tear can happen suddenly — from, say, a fall — but more often it happens gradually over time, as the

...continued on page 30

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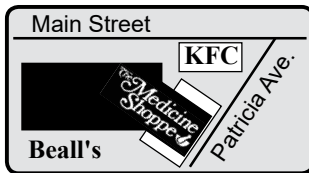
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tendon wears down. “There are degrees of rotator cuff injury,” notes Chhatre. “You could have a partial tear or a complete tear, resulting in loss of the function of the arm and excruciating pain.” For partial tears, the go-to Rx is physical therapy with a focus on exercises that improve flexibility and strength of the muscles surrounding the shoulder joint. For severe tears, surgery

3. Dull ache in the shoulder that worsens when you move your arm up or to the side

The likely culprit: Bursitis

When the fluid-filled pads that cushion the bones, tendons, and muscles in your shoulder — called bursae — become irritated or inflamed, you've got bursitis. Shoulder bursitis is often the result of overuse or repetitive shoulder movements. “Bursitis is typically something you see in conjunction with rotator cuff injuries,” says Andrew Rokito, M.D., professor of orthopedic surgery and chief of the Division of Shoulder and Elbow Surgery at NYU Langone Health.

Reducing the inflammation is the first step of any treatment plan. If ice packs and over-the-counter pain medication don't get the job done, then treatment may involve physical therapy or surgery. Research suggests both are equally effective. In a study published this year in the *British Journal of Sports Medicine*, researchers compared the treatment results of patients with shoulder bursitis. After five years, those who underwent physical therapy and those who underwent surgery reported having equally low levels of shoulder pain.

4. Pain in the front and side of the shoulders that radiates toward the elbow

The likely culprit: Tendinitis

If you've had tennis elbow or swimmer's shoulder, you've had tendinitis — inflammation or irritation of the thick fibrous tendons that attach muscle to bone. Like other shoulder conditions, tendinitis can be caused by a sudden injury, but it's more likely to come on gradually after years of doing a particular repetitive movement (such as swimming laps).

Depending on the severity, you may be able to treat tendinitis on your own (with ice packs and over-the-counter pain meds). If not, physical therapy can help strengthen the muscles around the damaged tendon. Surgery is an option if there's a tear of the tendons (tendinitis is common with rotator cuff injuries). Galatz: “Tendinitis, inflammation or degeneration of the tendons, can be due to age-related changes in the tendons and/or overuse secondary to sports or work activity. This can be associated with inflammation of the bursa, which is the tissue that absorbs the friction around the shoulder.”

5. Extreme shoulder pain initially, followed by stiffness

The likely culprit: Frozen shoulder

With adhesive capsulitis — or frozen shoulder — the capsule that surrounds the shoulder joint and rotator cuff tendons thickens and becomes stiff and tight. It develops in three stages, each of which lasts around three months, says Rokito. In the initial “freezing” stage, the pain sets in and as it worsens your shoulder loses range of motion; in the “frozen” stage, your shoulder stiffens; and during the final “thawing” stage, your range of motion gradually improves.

The go-to Rx here is physical therapy centered on stretching **exercises that improve shoulder flexibility**. “If you do nothing and just gut it out, frozen shoulder will run its course and you'll get better,” says Rokito. “The problem with that is you'll suffer for a much longer period of time because it can take a year or sometimes longer to work itself out. And the range of motion may not return to the normal.” Women between the ages of 40 and 60 are most prone to developing frozen shoulder, and people with diabetes are also at increased risk.



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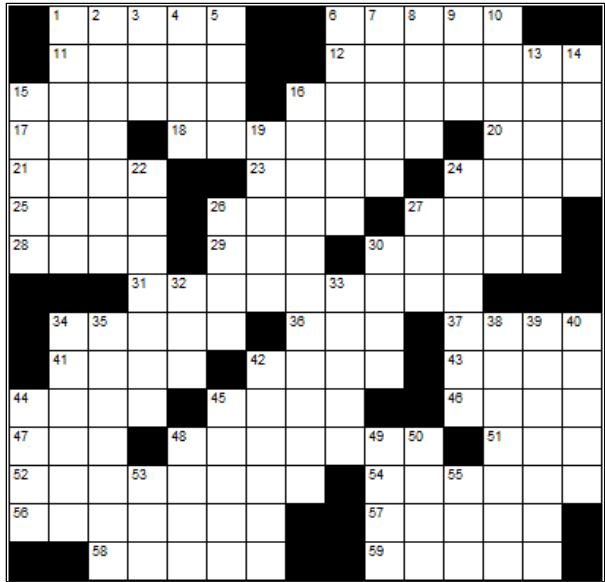
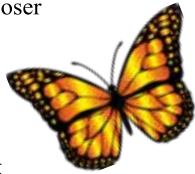
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ACROSS

- 1. Rugby formation
- 6. Academy award
- 11. Not here
- 12. Settlement
- 15. Recognition
- 16. Female protagonists
- 17. 54 in Roman numerals
- 18. Nightclub
- 20. Take in slowly
- 21. Gumbo
- 23. Concludes
- 24. Not difficult
- 25. A noble gas
- 26. Start over
- 27. Baroque composer
- 28. Sea eagle
- 29. Sphere
- 30. Ski jacket
- 31. Masseurs
- 34. Range
- 36. Female sibling
- 37. Dagger handle
- 41. Alley
- 42. Three-handed card game
- 43. Paris airport
- 44. Docile
- 45. Secluded valley
- 46. Journey
- 47. Beer
- 48. Clatter
- 51. Consumed food
- 52. Depicts
- 54. Happenings
- 56. Give forth
- 57. Twilled fabric
- 58. Drive
- 59. Contemtuuous look



DOWN

- 1. A forward on a soccer team
- 2. V-shaped stripes
- 3. Scarlet
- 4. Relating to urine
- 5. Of higher order
- 6. Exaggerate
- 7. Fathers
- 8. Coagulate
- 9. Anagram of "Ail"
- 10. Plunder
- 13. Japanese hostess
- 14. Catch a glimpse of
- 15. Duplicate
- 16. Small carry baskets
- 19. Ales
- 22. Windflower
- 24. Hearing range
- 26. Thorny flower
- 27. Tavern
- 30. Annoyance
- 32. Gorilla
- 33. Goliath
- 34. Ski race
- 35. Photo devices
- 38. Dispose
- 39. Flutter
- 40. Varieties
- 42. Killer
- 44. Adhesive strip
- 45. Grille
- 48. Scottish hillside
- 49. Not more
- 50. Not odd
- 53. Explosive
- 55. Before, poetically



September
Crossword



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Silvie, Linda	#240	266-286	828-773-2166
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September Sudoku

5			1					
8	4			6			7	
		6		3	5			
	3		2				9	1
							3	2
		9		4				
			6					8
					7	3		
2	5			9	3			7



2	5	4	8	9	3	6	1	7
6	8	1	4	5	7	3	2	9
3	9	7	6	2	1	5	4	8
1	2	9	3	4	8	7	5	6
7	6	8	5	1	9	4	3	2
4	3	5	2	7	6	8	9	1
9	1	6	7	3	5	2	8	4
8	4	3	9	6	2	1	7	5
5	7	2	1	8	4	9	6	3

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EVENTS & PROGRAMS

ATTENTION GOLFERS. The Tampa Green Beret Association, a fraternity of former and active duty Special Forces soldiers and a non profit organization, is hosting a golf tournament on October 9th to benefit The Tampa Veterans Civic Center. The cost is \$60.00 per player which gets you a round of golf and a nice post play lunch. There will be prizes, ball launcher, raffle. auction, 50/50 and more. To learn more e-mail gilhimes@yahoo.com.

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EVENTS & PROGRAMS

VENDORS WANTED- HOLIDAY BAZAAR - Saturday, 11/13/2021, 9am-1pm. \$30 - 1 table, \$25 additional table, \$15 additional floor space. First Lutheran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Questions: 727-477-3806 or cobrien2429@gmail.com - 217-251-4382 or jayneb1227@gmail.com

Craft/Bake Sale: November 8th, 2021 from 8:30am to 1:30pm. Table Space \$15.00. Sugar Creek MHP 10265 Ulmerton Road, Largo. Call Sally 401-835-0700.

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• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
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That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check. (Allow 8-12 weeks for mailing of check). **This month's cash winners are:**

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Lisa Zingg..... \$10	Guardian Vapor Barrier	Wayne Jones..... \$5	Jones & Sons Plumbing
Ernie Simon..... \$10	Largo Automotive	Rick Johnson..... \$5	Palm Harbor and Dunedin Electric
Janet Mercer..... \$10	Jones & Sons Plumbing	Roxanne Moses..... \$5	Got Dirt? Call Dirty lil'
Ron Stewart..... \$10	Barron's Air Conditioning & Appliance	Barbara Hohler..... \$5	Bill the Carpet Guy
Ken Eckhart..... \$10	Battleline Termite & Pest Control	Cheryl Adam..... \$5	Jones & Sons Plumbing
Robert Mendes..... \$10	Air Masters of Pinellas	Joseph Scarpa..... \$5	Air Masters of Pinellas
Carl Hansen..... \$10	Discount Computer Repair	Daniel Marino..... \$5	Heller's Mobile Home Washing
David Kalan..... \$10	Boss Electric	Elizabeth Pattigno..... \$5	Royal Enterprise
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Lorene Hunnell..... \$10	Royal Enterprise	Sandra Couch..... \$5	Heller's Mobile Home Washing
Ronald Anderson..... \$10	Heller's Mobile Home Washing	Linda Wagler..... \$5	Debbie's Salon
Neal Alexander..... \$5	Air Masters of Pinellas	Teresa Kelso..... \$5	Air Masters of Pinellas
Michael Price..... \$5	Jones & Sons Plumbing	Janet Heintz..... \$5	Battleline Termite & Pest Control
Jane Gardella..... \$5	Battleline Termite & Pest Control	Sandra Hansen..... \$5	Heller's Mobile Home Washing
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Thomas Salvato..... \$5	Air Masters of Pinellas	Barb Gonzalez..... \$5	Got Dirt? Call Dirty lil'
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Sue Folden..... \$5	Jones & Sons Plumbing	Patricia Masotta..... \$5	Bill the Carpet Guy
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